

SUNDAY 11 MAY 2003, AT WATFORD

HERTFORDSHIRE COUNTY AAA TRACK and FIELD CHAMPIONSHIPS

SENIOR and UNDER 20 WOMEN

200 Metres (+0.9)

1	E Dundjerovic	StA	27.3
2	S Reed (W35)	SNH	27.8

400 Metres

1	E Brathwaite (J)	HPX	58.9
2	E Kemp (J)	SNH	59.4
3	S Reed (W35)	SNH	63.9
4	C Perry	BAR	67.0

800 Metres

1	H Beard (J)	SNH	2:08.9 CBP
2	S Fensome	SBH	2:17.6
3	K Woods	BAR	2:19.6
4	N Silva (J)	HPX	2:21.7
5	L Rowe	E&H	2:26.6
6	H Hollis (J)	SNH	2:28.4

100 Metres Hurdles (+1.5)

1	D Jones	HPX	19.1
2	C Marsh	HPX	22.4

400 Metres Hurdles

1	S Adamson	HPX	64.6
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High Jump

1	N Simpson (J)	SNH	1.66m
2	N Andrews (J)	SNH	1.50m

Pole Vault

1	S Yeomans (W50)	WAT	2.91m
2	N Brunning	D&T	2.70m
3	E Harris	SNH	2.40m
4	N Simpson (J)	SNH	2.40m
5	C James (W45)	WAT	2.30m

Long Jump

1	K Abdulai (J)	SNH	5.25m (-0.6)
2	N Brunning	D&T	5.03m (+0.5)

Triple Jump

1	N Brunning	D&T	11.43m (-0.4) CBP
2	K Abdulai (J)	SNH	11.17m (-0.6)
3	D Jones	HPX	10.67m (-0.7)

Shot

1	S McLellan	SNH	11.91m
2	A Anstey	HPX	9.45m

Discus

1	A Anstey	HPX	30.51m
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Hammer

1	N Dudman	HPX	47.66m CBP
2	F Blacktin	HPX	44.33m
3	L Shrosbree (W50)	HARL	33.58m

Javelin

1	P Collis	HPX	40.68m
2	H Trichet	SNH	33.62m

UNDER 17 WOMEN

100 Metres (+0.7)

1	D Smith	SNH	12.4 CBP
2	K Game	HPX	13.3
3	C Adams	D&T	13.4
4	S Banks	D&T	13.5

200 Metres (+1.8)

1	D Smith	SNH	25.6
2	S Van Kempen	HPX	26.5
3	C Adams	D&T	26.8
4	M Njagi	HPX	27.3
5	C Gaynor	HPX.	28.2

300 Metres

1	C Jaggard	HPX	41.5
2	H Wright	D&T	44.3
3	J Lelliott	D&T	48.6

800 metres – Heat 1

1	S Waldron	SBH	2:21.5
2	S Bentley	SBH	2:25.1
3	T Muir	HPX	2:27.0
4	S Bailey	SNH	2:29.4
5	J Forde	SNH	2:30.3

800 metres – Heat 2

1	L Cunningham	SNH	2:26.1
2	N Taylor	HPX	2:27.0
3	C Silva	HPX	2:28.9
4	R Watt	HPX	2:32.5
5	E-J Flitney	D&T	2:37.3
6	M Smith	SNH	2:48.2

800 Metres

1	S Waldron	SBH	2:17.5
2	N Taylor	HPX	2:21.3
3	S Bentley	SBH	2:21.7
4	C Silva	HPX	2:25.9
5	T Muir	HPX	2:27.6
6	S Bailey	SNH	2:29.6
7	J Forde	SNH	2:35.6

80 Metres Hurdles (+0.5)

1	S Cook	HPX	12.2
2	N Lake	SNH	12.3
3	L Jones	HPX	12.3
4	N Simmonds	SNH	14.3

5	L Hutchinson	SNH	15.5
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300 Metres Hurdles

1	H Weekes	SNH	47.7
2	M Njagi	HPX	47.9
3	R Carbery	D&T	48.3
4	F McKirdy	SNH	48.8
5	C Silva	HPX	50.7

High Jump

1	F McKirdy	SNH	1.50m
2	N Simmonds	SNH	1.45m
3	S Gale	D&T	1.45m
4	J O'Neill	SNH	1.45m
5	L Hutchinson	SNH	1.35m

Pole Vault

1	L Davies	HPX	2.00m
2	L Shortland	SNH	2.00m
3	J O'Neill	SNH	1.70m

Long Jump

1	C Jaggard	HPX	5.26m (-0.9)
2	D Smith	SNH	4.85m (-0.2)
3	H Weekes	SNH	4.66m (-0.5)
4	S Banks	D&T	4.43m (-0.2)
5	A Gibson	BAR	4.24m (-0.7)
6	E Baradeau	SNH	3.93m (+0.5)
7	L Hutchinson	SNH	3.92m (-0.4)
8	E-J Flitney	D&T	3.49m (-0.4)

Shot

1	M Flash	D&T	8.81m
2	N Simmonds	SNH	6.98m

Discus

1	M Flash	D&T	31.12m
2	K Tawiah	BAR	22.56m
3	J Lelliott	D&T	19.67m

Hammer

1	M Flash	D&T	25.89m
2	K Tawiah	BAR	19.41m

Javelin

1	J Lelliott	D&T	22.51m
2	J Botwright	D&T	21.45m

UNDER 15 GIRLS

100m – Heat 1 (+0.4)

1	R Wilcock	WAT	13.4
2	R Adams	D&T	13.7
3	M Vinton	HPX	14.1
4	F Rutledge	WAT	14.1

100 metres – Heat 2 (+0.9)

1	N Burrows	HPX	13.4
2	T Cawley	HPX	13.7
3	N Leonard	SNH	14.3

100 metres - Heat 3 (+1.9)

1	T Oyeneye	SNH	13.2
2	J Simpson	SNH	13.5
3	F Olliffe	WAT	13.9
4	K Aitken	HPX	14.6
5	R Hayden	HPX	15.0

100 Metres (+0.8)

1	R Wilcock	WAT	13.3
2	T Oyeneye	SNH	13.4
3	R Adams	D&T	13.4
4	N Burrows	HPX	13.5
5	T Cawley	HPX	13.5
6	J Simpson	SNH	13.5
7	F Olliffe	WAT	13.8
8	M Vinton	HPX	14.0

200 metres – Heat 1 (+1.2)

1	C McGowen	SBH	27.7
2	H Cook	HPX	28.0
3	K Pybus	SNH	28.1
4	L Nolan	SNH	28.4
5	M Vinton	HPX	29.5

200 metres – Heat 2 (+1.5)

1	T Cawley	HPX	27.9
2	F Olliffe	WAT	28.3
3	F Rutledge	WAT	29.3
4	J Smith	BAR	30.3
5	K Aitken	HPX	30.7

200 Metres (+2.0)

1	C McGowen	SBH	27.1
2	H Cook	HPX	27.3
3	T Cawley	HPX	27.6
4	K Pybus	SNH	27.9
5	F Olliffe	WAT	28.0
6	L Nolan	SNH	28.5
7	F Rutledge	WAT	29.2

800 metres – Heat 1

1	R Newstead	SNH	2:29.1
2	D Samuels	SNH	2:31.8
3	Z Wray	BAR	2:36.6
4	N Attherton	BAR	2:36.9
5	H Hare	?	2:42.3
6	S Moore	SNH	3:00.0

800 metres – Heat 2

1	F Roberts	D&T	2:29.4
2	L Yates	SBH	2:30.7
3	K Cooper	SNH	2:31.6
4	C Simm	HPX	2:32.4
5	M Scheuber	SNH	2:38.2
6	N Wallis	BAR	2:49.2

800 Metres

1	D Samuels	SNH	2:25.5
2	F Roberts	D&T	2:26.1
3	R Newstead	SNH	2:27.2
4	K Cooper	SNH	2:28.7
5	L Yates	SBH	2:31.7
6	C Simm	HPX	2:34.6
7	N Attherton	BAR	2:35.2
8	Z Wray	BAR	2:43.7

75 Metres Hurdles (+0.1)

1	N Burrows	HPX	12.5
2	O Humes	HPX	12.5
3	J Simpson	SNH	12.6
4	T Oneneye	SNH	13.1
5	S Wright	D&T	16.8

High Jump

1	T Oyeneye	SNH	1.40m
2=	C Simm	HPX	1.25m
2=	M Dady	SNH	1.25m

Long Jump

1	F Olliffe	WAT	4.68m
2	O Humes	HPX	4.32m
3	R Hayden	HPX	4.20m
4	N Burrows	HPX	4.19m
5	J Simpson	SNH	4.17m
6	N Leonard	SNH	3.74m
7	A Watts-Cherry	BAR	3.59m
8	C Simm	HPX	3.53m
9	R Watts-Cherry	BAR	3.30m

Shot

1	K Pybus	SNH	8.01m
2	M Dady	SNH	7.38m
3	J Smith	BAR	7.38m
4	L Watson	D&T	7.17m
5	J Colley	HPX	6.64m
6	S Wright	D&T	6.31m
7	N Jones	HPX	5.90m

Discus

1	L Watson	D&T	23.12m
2	J Colley	HPX	19.27m
3	M Dady	SNH	19.04m
4	N Jones	HPX	16.81m
5	S Wright	D&T	13.70m

Javelin

1	K King	HPX	20.88m
2	J Colley	HPX	18.74m

UNDER 13 GIRLS

100 Metres (+1.4)

1	H Van Kempen	HPX	14.2
2	J Botwright	D&T	15.3
3	K Jacques	SNH	15.3
4	B Scanes	SNH	16.0

200 Metres (+0.1)

1	H Van Kempen	HPX	29.3
2	J Botwright	D&T	31.1

800 Metres

1	J Mansell	SNH	2:35.3
2	A Lambden	WAT	2:36.9
3	B McGowan	SBH	2:40.1
4	S Pollen	SNH	2:42.1
5	E Prati	BAR	2:45.8
6	N Bentley	SBH	2:47.5
7	S Wilkinson	D&T	2:48.2
8	H Bailey	SNH	2:49.1

70 Metres Hurdles (+1.1)

1	H Van Kempen	HPX	11.7 CBP
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High Jump

1	B Scanes	SNH	1.20m
2	L Scanes	SNH	1.15m
3	K Jacques	SNH	1.00m

Long Jump

1	L Scanes	SNH	3.46m
2	B Scanes	SNH	3.39m
3	K Jacques	SNH	3.34m

Shot

1	L Scanes	SNH	5.03m
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